





# JANUARY



DAILY MEAL PRICES : MIDDLE/HIGH SCHOOL BREAKFAST \$1.75 / LUNCH \$2.70

**A student may not charge breakfast.** Students can charge lunch for up to \$15.00 and \$6.00 for reduced. Students who have reached the lunch charge limit will be provided the alternate lunch. When charges are paid up to date, the regular lunch will be served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>WITH WINTER UPON US, REMEMBER MENU IS SUBJECT TO CHANGE...</b>		CHICKEN SHAPES 3 MASHED POTATOES VEG. CHOICE FRUIT CHOICE MILK	PIZZA 4 BROCCOLI VEG. CHOICE FRUIT CHOICE MILK	 <b>FRESH VEGETABLES OFFERED WEEKLY</b>
BR.CHICKEN S/W 7 SCALLOP POTATOES VEG. CHOICE FRUIT CHOICE MILK	HOT DOG /SLOPPY JOES 8 BAKED BEANS VEG CHOICE FRUIT CHOICE MILK	BEEF NACHOS 9 REFRIED BEANS VEG CHOICE FRUIT CHOICE MILK	CHILI 10 VEG. CHOICES FRUIT CHOICE CORNBREAD MILK	CHICKEN NUGGETS 11 CARROTS VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	
HAMBURGER S/W 14 POTATO SHAPES VEG. CHOICE FRUIT CHOICE MILK	STUFF CRUST PIZZA 15 BROCCOLI VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	BEEF TACOS 16 BLACK BEANS VEG. CHOICE FRUIT CHOICE MILK	TURKEY MANHATTAN 17 MASHED POTATOES VEG. CHOICE FRUIT CHOICE MILK	CORNDOG NUGGETS 18 GREEN BEANS VEG. CHOICE FRUIT CHOICE MILK	 <b>FRESH FRUIT OFFERED DAILY</b>
<b>MLK NO SCHOOL</b>	CHICKEN AND NOODLE 22 MASHED POT. VEG. CHOICE FRUIT CHOICE ROLL MILK	CHICKEN TACOS 23 BLACK EYE PEAS VEG. CHOICE FRUIT CHOICE MILK	SPAGHETTI BAKE 24 TOSS SAIAD VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	BR. CHICKEN S/W 25 CARROTS VEG. CHOICE FRUIT CHOICE MILK	 Research shows that students who skip breakfast have shorter attention spans and don't do as well on test.
KNIGHTS CHIC BOWL 28 (MASHED POT,CORN, GRAVY) VEG. CHOICE FRUIT CHOICE BISCUIT/MILK	HOT DOG /SLOPPY JOES 29 BAKED BEANS VEG CHOICE FRUIT CHOICE CHIPS/MILK	TEXAS STRAW HAT 30 REFIRED BEANS VEG. CHOICE FRUIT CHOICE MILK	PIZZA 31 TOSS SALAD VEG CHOICE FRUIT CHOICE MILK	HAMBURGER S/W 1 POTATO SHAPES VEG. CHOICE FRUIT CHOICE MILK	
CEREAL AND TOAST OR BREAKFAST BURRITO OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	SAUSAGE BAGEL CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	FRENCH TOAST OR CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	BREAKFAST PIZZA OR CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	SAUSAGE PANCAKE OR CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	

MENU IS SUBJECT TO CHANGE

PLEASE NOTIFY THE SCHOOL OFFICE IF YOUR CHILD SUFFERS FROM A FOOD ALLERGY, MEDICAL DOCUMENTATION IS REQUIRED.

USDA IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

IN ACCORDANCE WITH THE FEDERAL LAW AND THE U.S. DEPARTMENT OF AGRICULTURE THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATION ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY.