








NOVEMBER

DAILY MEAL PRICES : MIDDLE/HIGH SCHOOL BREAKFAST \$1.75 / LUNCH \$2.70

A student may not charge breakfast. Students can charge lunch for up to \$15.00 and \$6.00 for reduced. Students who have reached the lunch charge limit will be provided the alternate lunch. When charges are paid up to date, the regular lunch will be served.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
CHICKEN NUGGETS 5 SCALLOP POT CARROTS FRUIT CHOICE BREADSTICK/MILK	SLOPPY JOE OR 6 HOT DOG BAKED BEANS VEG./FRUIT CHOICE CHIPS/MILK	BEEF NACHOS 7 REFRIED BEANS VEG. CHOICE FRUIT CHOICE MILK	BIG DADDY PIZZA 8 TOSSED SALAD VEG. CHOICE FRUIT CHOICE MILK	CHICKEN OR SALISBURY STEAK MASHED POT./GRAVY VEG./FRUIT CHOICE ROLL/MILK	 FRESH VEGETABLES OFFERED WEEKLY
MEATBALL SUB 12 BROCC. VEG. CHOICE FRUIT CHOICE MILK	HAMBURGER/CHEESE 13 POTATO FRIES VEG. CHOICE FRUIT CHOICE MILK	BEEF TACOS 14 BLACK BEANS CORN FRUIT CHOICE MILK	BUILD YOUR OWN PASTA (MEATSAUCE OR CHIC. ALFREDO) TOSS SALAD VEG. CHOICE FRUIT CHOICE BREADSTICK/ MILK	CHIC. AND NOODLE 16 MASHED POT. VEG. CHOICE FRUIT CHOICE ROLL/MILK	
PIZZA 19 VEG. CHOICES FRUIT CHOICE BREADSTICK MILK	TURKEY 20 MASHED POT./GRAVY GREEN BEANS FRUIT CHOICE/APPLE CRISP  ROLL/MILK	THANKSGIVING BREAK	 Happy Thanksgiving	THANKSGIVING BREAK	 FRESH FRUIT OFFERED DAILY
KNIGHTS CHIC. BOWL 26 (MASHED POT, CORN, GRAVY) CARROTS VEG./FRUIT CHOICE BISCUIT/MILK	CORNDOG NUGGETS 27 MIXED VEG. VEG. CHOICE FRUIT CHOICE CORNBREAD MILK	CHICKEN TACOS 28 BLACK EYED PEAS VEG. CHOICE FRUIT CHOICE MILK	HAMBURGER/CHEESE 29 POTATO FRIES VEG. CHOICE FRUIT CHOICE MILK	CHILI 30 GREEN BEANS VEG. CHOICE FRUIT CHOICE BREADSTICK/MILK	 Research shows that students who skip breakfast have shorter attention spans and don't do as well on test.
BREAKFAST					
CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	SAUSAGE BAGEL CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	FRENCH TOAST OR CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	BREAKFAST PIZZA OR CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	2 PANCAKES OR CEREAL AND TOAST OR YOGURT AND TOAST 2 PIECES OF TOAST JUICE/FRESH FRUIT MILK	

MENU IS SUBJECT TO CHANGE

PLEASE NOTIFY THE SCHOOL OFFICE IF YOUR CHILD SUFFERS FROM A FOOD ALLERGY, MEDICAL DOCUMENTATION IS REQUIRED.

USDA IS A EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

IN ACCORDANCE WITH THE FEDERAL LAW AND THE U.S. DEPARTMENT OF AGRICULTURE THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATION ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY.