

Monday

Tuesday

Wednesday

Thursday

Friday



Research shows that students who skip breakfast have shorter attention spans and don't do as well on test.

5



Tortilla Egg and Cheese **7**
or Cereal or Breakfast Bar
w/ Toast
Fruit and Juice
Milk

1

French Toast **8**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

2

Egg & Cheese English Muffin **6**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

12

Cake Donut or
Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

Breakfast Pizza **13**
Or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

14

Tortilla Egg and Cheese **14**
or Cereal or Breakfast Bar
w/ Toast
Fruit and Juice
Milk

15

French Toast **15**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

16

Egg & Cheese English Muffin **16**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

19

Cake Donut or
Cereal or Breakfast Bar
Fruit and Juice
Milk

Breakfast Pizza **20**
Or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

21

Tortilla Egg and Cheese **21**
or Cereal or Breakfast Bar
w/ Toast
Fruit and Juice
Milk

22

French Toast **22**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

20

Egg & Cheese English Muffin **20**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

26

Cake Donut or
Cereal or Breakfast Bar
Fruit and Juice
Milk

Breakfast Pizza **27**
Or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

28

Tortilla Egg and Cheese **28**
or Cereal or Breakfast Bar
w/ Toast
Fruit and Juice
Milk

29

French Toast **29**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

30

Egg & Cheese English Muffin **30**
or Cereal or Breakfast Bar
w/Toast
Fruit and Juice
Milk

Each Student needs \$.55 for milk if they do not receive a meal from the cafeteria.

PLEASE NOTIFY THE SCHOOL OFFICE IF YOUR CHILD SUFFERS FROM A FOOD ALLERGY, MEDICAL DOCUMENTATION IS REQUIRED.

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