

Monday

2
 Turkey & Cheese Sub
 2.5 m/ma, 2 bread
 Celery 1/4c.
 Babay Carrots 1/4c.
 Melon ½ c.
 Milk 8 oz.
 Virtual

9
 BBQ Rib S/W
 (2m/ma, 2grain)
 Cooked Carrots 1/2c..
 Pineapple 1/2cup
 Snack Bag
 Milk 8 oz Virtual

16
 Hotdog s/w
 (2m/ma, 1.5 grain)
 Vegetarian Beans ½ cup
 Celery Sticks ¼ cup / Baby Carrots ¼ cup
 (1 oz. ranch cup)
 Fresh Grapes ½ cup
 Potato Chips 1 oz.
 Milk 8 oz.

23
 Hamburger S/W
 (2oz. m/ma, 2 grain)
 Cheese slice ½ oz
 Potato Shapes 4 oz.
 Diced Peaches ½ cup
 & or Apple ½ cup
 Milk 8 oz.

30
 Breaded Chicken s/w
 (2m/ma, 3 grain)
 Potato Shapes 4 oz.
 Diced Peaches 1/2cup
 & or Orange 1/2cup
 Milk 8 oz

Tuesday

3
 Big Daddy Slice Pizza
 (2m/ma, 2 serv. Bread)
 Toss Salad 1C.
 (2grape tom., 2 slice cucumber)
 Diced Pears 1/2c.
 Milk 8 oz.
 Virtual

10
 Big Daddy Pizza
 (2 m/ma, 2 grain)
 Toss Salad with Tomato
 (1cup romaine, 2 grape tom., Dressing)
 Diced Peaches 1/2cup
 Milk 8 oz.
 Virtual

17
 Big Daddy Slice Pizza
 (2m/ma, 2 grain)
 Broccoli ½ cup
 Diced Peaches ½ cup
 & or Applesauce ½ cup
 Milk 8 oz

24
 Stuff Crust Pizza
 (2 m/ma, 2 grain)
 Toss Salad with Tomato
 (1cup romaine, 2 grape tom., Dressing)
 Applesauce 1/2cup
 & or Fresh Cantaloupe 1/2cup
 Milk 8 oz.

Wednesday

4
 2 Beef Taco's w/ shredded
 Lettuce and cheese
 (2.25 m/ma, 2 Grain)
 Corn ½ cup
 Apple ½ c.
 Milk 8 oz.
 Virtual

11
 Ham and Turkey Sub
 (2m/ma, 2 grain)
 Green Beans
 Cinn. Sugar Sliced Apples 1/2c
 Milk 8oz.
 Virtual

18
 Beef Nacho's 2oz m/ma
 Tortilla Chips grain 2oz
 Corn ½ cup
 Fresh Melon ½ cup
 & or Diced Pears ½ cup
 Milk 8 oz


Thursday

5
 Ham and Cheese S/W
 (21/2 oz m/ma, 2 grain)
 Fresh Brocc. ¼ cup
 Fresh Caulf. 1/4c.
 Grapes 1/2c.
 Potato Chip 1 oz.
 Milk 8oz. Virtual

12
 Knights Bowl
 Chicken 2m/ma 2/g., mashed pot. 1/2c.
 Corn 1/4c., gravy 1/8 c.
 Diced Peaches 1/2c
 & or Mandarin Oranges 1/2c
 & or Fresh Apple 1/2c
 Dinner Roll 1.25g.
 Milk 8oz.

19
 Turkey 3oz
 Mashed Potatoes ½ cup, Gravy 1/8c.
 Green Beans 1/2c.
 Apple Crisp 1/2c.
 Dinner Roll 1.25 Grain
 Milk 8 oz


Friday

6
 Hamburger Patty S/W
 (2 m/ma, 2grain)
 Baked Beans ½ cup
 Applesauce 1/2c.
 Milk 8oz.
 Virtual

13
 Chicken Shapes 3/4 strips or 5/6
 nuggets (2m/ma, 1 grain)
 Green Beans ½ cup
 Choice or ½ cup of:
 Diced peaches, pears, applesauce,
 grapes, pineapple and fresh
 cantaloupe.
 Milk 8oz

20
 Chicken Strips 3/4
 (2 m/ma, 1 grain)
 Misc. Veg. ½ cup
 Fruit Choice ½ cup & or
 (diced pears, peaches, melon,
 applesauce, apple or orange)
 Milk 8 oz.

